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Store to Door PDX

CALENDAR OF EVENTS

August 25

Store to Door's annual dine out event.

Tuesdays in September

Deschutes in the Pearl will donate \$1 from every pint sold to Store to Door.

September 29

Join us at Deschutes for an informal get-together. Everyone is welcome!

Special Thanks

A big thank you to two corporate partners that made significant contributions to Store to Door this year: the Con-way Charitable Foundation and Kaiser Permanente!



We would also like to recognize Bob Finger, who was a volunteer delivery driver with us for many years. He passed away in 2014, leaving behind a generous legacy gift to Store to Door. Thank you to Bob and his family for the love and support.



Nourishment. Connection. Dignity.

FALL 2015, VOLUME 4

Mid-Year Update

Your donations and volunteer hours are making a difference!

Our personalized grocery shopping and delivery service for seniors and people with disabilities is currently serving 20% more clients than last year, and we've made 15% more deliveries. That's great news for local elders.



Thank you for your kindness and positive, respectful, loving spirit. I sense each of you really cares about each of us.

--Janet, Store to Door Client

Nourish + Connect

Thank you from the bottom of our hearts to everyone who made Store to Door's 25th anniversary event such a huge success. 170 people attended and we raised a grand total of \$94,000! The

generosity of the event's sponsors, volunteers, and donors will help ensure we are here to deliver nourishment and social connections to Portland area elders for another quarter century.



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Nourish + Connect Sponsors



McDonal Jacobs,
P.C.

Multnomah County
Aging Disability &
Veterans Services

OnPoint
Community Credit
Union

Ferguson
Wellman Capital
Management

Special thanks
to the Fairbridge
Foundation for
their \$25,000
challenge gift.

Nourishing YOU

We're having a hot summer and hydration is critical to keeping healthy in the heat. When you're thirsty, we recommend reaching for water instead of soda or diet soda.

A diet high in soda and sugar is known to have adverse effects on your brain,

heart, and lungs, but did you know that artificial sweeteners can be just as bad?

Regular consumption of diet soda has been linked to weight gain, increased risk of type two Diabetes, and decreased bone density. A slice of lemon,

lime, orange, or cucumber in a glass of cool water is a tasty and healthy alternative... cheers!



Need hot, nutritious meals delivered to your door? Call our partners, *Meals on Wheels People*, at 503-736-6325.

Leave a Legacy

Nourishment, social connections, and dignity for Portland area elders can be your legacy. Talk to your financial planner about how to...

- Leave Store to Door a gift in your will or living trust;
- Designate Store to Door as a beneficiary; or
- Establish a charitable trust.

Store to Door is a 501(c)3 non-profit organization and qualifies as a public charity under federal law. Our federal Tax ID # is 94-3105555. Questions? Please call Katharine at 503-200-3333 x003.

New Partners

Welcome on board to our new We Shop program partners, **Banana Republic Store, Elemental, and Ricoh!**

We Shop partners support Store to Door by committing to volunteer on a

regular basis. To learn more about how your group can participate in this morale-boosting and team-building program, contact Barb at 503-200-3333 x008.



BANANA REPUBLIC
FACTORY STORE



RICOH
imagine. change.

Client Profile: Lee Milne

Lee celebrated her 95th birthday in July and has been a client with Store to Door for about a year. She raised three kids in Portland and spent a year working for the government in Alaska right after WWII. She still keeps an active social life by participating in outings with

residents in her building. Since she can't drive anymore, Lee says she's especially thankful for "the people who deliver" her favorite breakfast foods. Everyone who talks with or delivers to Lee will tell you they are also grateful for her kindness.

